

Liberty Point 5K Run/Walk



brought to you by:

United Way, Snap Fitness, The PW Chamber & PW Metro District

Sponsored by:



Start your Independence Day off with a bang! Enjoy a brisk walk or run with your family and friends while supporting a great cause—United Way of Pueblo County!

Sunday, July 4th, 2010, 7:30 am

RACE INFO:

Race will start on the corner of Purcell Blvd and Joe Martinez Blvd in Pueblo West. Participants will run/walk south to Liberty Point and circle back around to the start location.

HOW TO PRE-REGISTER (ends 7/1/10):

- Online at www.pueblounitedway.org
 - Go to Snap Fitness (198 S. Purcell Blvd.) M-F, 10 am - 6 pm
 - Go to PW Metro District (109 E. Industrial Blvd.) M-F, 8 am - 5 pm
 - Mail entry and check payment to:
United Way of Pueblo County
PO Box 11566, Pueblo, CO 81001
- ***make checks payable to United Way of Pueblo County*****
- Payments can also be made at www.pueblounitedway.org
 - Participants who pre-register will be entered to win 1 of 10 Snap Fitness 30-day memberships

RACE DAY REGISTRATION:

- 6:30 am at Purcell Blvd and Joe Martinez Blvd

AMENITIES:

Refreshments will be available at the start, middle and end of race for all participants.

AWARDS:

Medals will be given to first & second place walkers & runners in each division for both males and females.

ENTRY FEE:

- **Early Registration until 7/1/10**
 - \$10 per person
 - \$20 maximum for immediate family (entry forms needed for each participant)
- **Race Day Registration**
 - \$15 per person
 - \$25 maximum for immediate family (entry forms needed for each participant)

DIVISIONS: (Walkers and Runners)

MALE (age)	FEMALE (age)
10 & Under	10 & Under
11-19	11-19
20-29	20-29
30-39	30-39
40-49	40-49
50-59	50-59
60-69	60-69
70 and over	70 and over

FOR MORE INFORMATION: United Way 583-4455

Special thanks to the Southern Colorado Runners Club for their continued support!

ALL PROCEEDS BENEFIT UNITED WAY OF PUEBLO COUNTY FUNDED PROGRAMS!



ENTRY FORM 2010
(ENTRY FORM REQUIRED FOR EACH PARTICIPANT)

5K Walk 5K Run



BIB #: NAME:

AGE (day of race— July 4, 2010):

SEX:

ADDRESS:

PHONE:

CITY:

STATE:

ZIP:

EMAIL:

WAIVER: I knowingly and at my own risk, and in consideration of my acceptance as a participant, hereby forever waive and release any and all claims for injuries or illness that I may incur as a direct or indirect result of my participation in this race against the Pueblo West Chamber of Commerce, United Way of Pueblo County, Snap Fitness, the Pueblo West Metro District, sponsors or any other group or individual assisting or associated with this race. None of the above are responsible for the loss of any personal items.

Early Registration		
5K RUN/WALK individual	\$10.00	\$
5K RUN/WALK family (one entry for each participant)	\$20.00	\$
Race Day Registration		
5K RUN/WALK individual	\$15.00	\$
5K RUN/WALK family (one entry for each participant)	\$25.00	\$
TOTAL		\$

DATE:

PRINT NAME:

SIGNATURE:

(parent or guardian if participant is under 18 years of age)